

Friern Barnet School Newsletter

‘Enjoy and Excel’

Autumn 2, 2023

<https://www.friern.barnet.sch.uk/>



Dear Parent/Carer

Another busy term is coming to an end. There has been so much going on with trips abroad and at home, visits in and out of London as well as activities and events in school. It is a wonder sometimes how we ever get time for teaching! The recent Winter Concert was a real joy with a full house of parents, family, students, staff and governors. It was a lovely way to end the term and start to get ready for the holidays. We have also been holding celebration assemblies for each year group to make sure we recognise and acknowledge all the great contributions our students have made to the life of the school. Many students have shone this term, giving us much to celebrate and enjoy. I hope this newsletter gives you a flavour of all our good times.

Term starts again for students on Tuesday 9 January 2024 and there is a lot to look forward to in the new year.

I wish you all a very good Christmas holiday. This should be a time when we all think of others, particularly those less fortunate than ourselves. A time for kindness and compassion but also an enchanting time of year. I hope you all enjoy it simply being Christmas.

Recently the great Benjamin Zephaniah passed away. This is from his poem ‘Talking Turkeys’. He was a vegan, as you will see from his staunch support for turkeys.

Be nice to yu turkey dis christmas
Invite dem indoors fe sum greens
Let dem eat cake an let dem partake
In a plate of organic grown beans,
Be nice to yu turkey dis christmas
An spare dem de cut of de knife,
Join Turkeys United an dey’ll be delighted
An yu will mek new friends ‘FOR LIFE’.

Thank you for all your support this term.

Have a merry Christmas and a happy New Year.

Simon Horne



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If you require a copy of
our newsletter in large
print please contact the
main office on
020 83682777

Attendance matters

Attendance is an incredibly important part of ensuring the continued academic success of our students. We look forward to your continued support.

Here is a reminder about the expectations of attendance for the school year.

Late Arrivals

Parents and carers, we need your help encouraging your child to leave home in sufficient time to ensure that they arrive to school by 8:30am to avoid being late! Students arriving between 8:40am – 9:00am must go to their form class to be registered.

Students arriving after 9:00am

Students arriving after 9:00am will go directly to Student Services to sign in before receiving a late slip. Arrivals after 9:30am will be classed as unauthorised absences and six in a four week period will result in a Fixed Penalty Notice (FPN) being issued.

Please Note:

Absences can only be authorised by the school. Calling the school informs us of why your child is absent and the school will decide which code is appropriate. Medical evidence will need to be provided in order to avoid receiving a FPN before or after a school holiday.

Back gate

Please note, the back gate on Crescent Road shuts at 8:40am until the end of the school day. Students who arrive after 8:40am will be asked to walk around to the front entrance on Hemington Avenue.

Punctuality to lessons

In order to maximise learning time it is vital that students are punctual to their lessons. Poor punctuality to lessons is very disruptive to learning. If you have a text from the pastoral team explaining that your child was late to any lessons, please take the time to speak to your child about the importance of this.

Monitoring your child's attendance on Firefly

To help you keep track of your child/children's attendance, you can monitor attendance, lates, authorised and unauthorised absences on Firefly.

Attendance procedures

If your child has a cough or a cold, please send them to school with tissues and a water bottle. We will contact home and offer a paracetamol if required.

If your child is sick and unable to attend school, please call student services before 8:45am.

If your child has a medical appointment during the day, please inform student services of the appointment in advance and supply them with a copy of the appointment letter/appointment card. **Missing registration should be avoided.**

Have a wonderful break.

Ms S Thomas

Assistant Head Teacher and Head of Year 10 (i/c of attendance)



Follow us on: [@friernbarnetschool](#) and [@fbs_dance](#)

The year 7 stage debut was a great success! All the year 7 classes took part and demonstrated their skills in dance, music and drama on the FBS stage and their artwork was displayed in the foyer. Parents were invited and the year 7s gave a fantastic set of performances. Congratulations to all the year 7s on making their 'Stage Debut'. Videos of the event are available to view on Firefly – search 'Stage Debut 2023'

Year 10 had the opportunity to watch a highly educational, and amusing show 'Sex Ed the Musical', from the Ice and Fire theatre company. The reaction from year 10 was great, the show covered many trending issues, such as relationship red flags, respect, and the importance of communication in relationships. The acting and singing was a highly creative way to convey such important messages.

Mr Merry and Mrs Westwood had Year 11 drama out on a trip to see Ocean at the End of the Lane. This show was incredible, the sound, lighting and set was magnificent and the year 11s really enjoyed it all. They must watch a piece of live theatre as part of the drama GCSE course and answer questions about it in their written exams. This was a great choice!

The Dance department: Miss Andrews and Mrs Morgan went on our annual trip to Sadlers Wells theatre to see Matthew Borne's dance rendition of Edward Scissorhands. It was an enchanting production and all the students enjoyed themselves.

The Back to the 80's winter music concert was a huge success. We had musical numbers from students across all the year groups, and some dance and drama too. The performers (and even some of the parents and staff) looked fantastic donned in their 80's attire! There were some outstanding performances, especially the year 10s who worked very hard to produce some high-quality musical performances. Well done to all involved. Videos and photo gallery are available on Firefly – just search 'Back to the 80's'

Mrs Westwood, Head of Creative Arts



Tuition

LAMDA

Booking for January is available via ParentPay. More information about the benefits of doing LAMDA is available here: <https://friernbarnet.fireflycloud.net/resource.aspx?id=94206&officeint=on>

1-1 Instrument Tuition

Thank you to those who have booked for next term. The new timetable will be available outside the music room and added onto Firefly. For more information please contact the Creative Arts office.

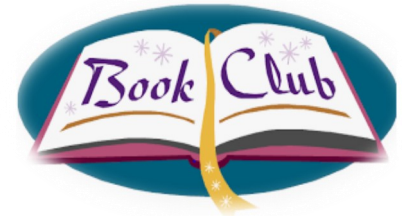
FBS Parent-Staff Book Club!

The book club sessions so far this year have been wonderful; thank you to everyone who has attended. In the new year we will continue to share the experience of reading a book, discussing our thoughts about it and other interesting topics. There will be refreshments and an opportunity for socializing too.

If you think you might be interested, please do come along to the next event on **Tuesday 6 February at 6:00pm** in the LRC, where we'll be discussing *'Tomorrow and Tomorrow and Tomorrow'* by Gabrielle Zevin.

Do come and say hello, regardless of your experience with reading – all are welcome! It will be a chance for you to meet other parents and get to know the staff even better. I look forward to seeing many of you there.

Miss Admoni, Head of English



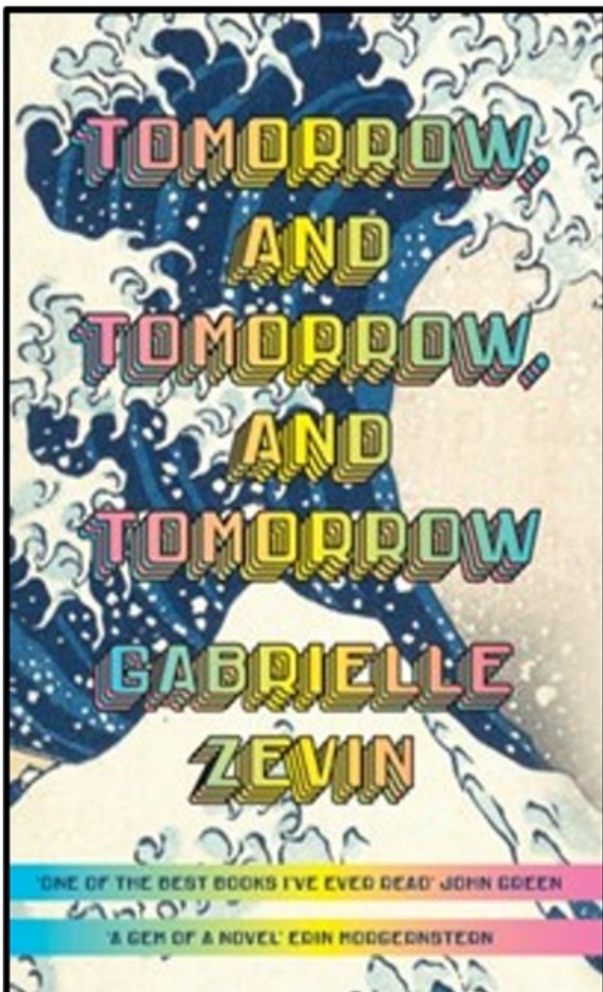
Future book club meeting dates for your diaries from 6.00pm to 7.00pm in the LRC:

Tuesday 6 February 2024

Tuesday 26 March 2024

Tuesday 21 May 2024

Tuesday 9 July 2024



On a bitter-cold day, in the December of his junior year at Harvard, Sam Masur exits a subway car and sees, amid the hordes of people waiting on the platform, Sadie Green. He calls her name. For a moment, she pretends she hasn't heard him, but then, she turns, and a game begins: a legendary collaboration that will launch them to stardom. These friends, intimates since childhood, borrow money, beg favours, and, before even graduating college, they have created their first blockbuster, *Ichigo*. Overnight, the world is theirs. Not even twenty-five years old, Sam and Sadie are brilliant, successful, and rich, but these qualities won't protect them from their own creative ambitions or the betrayals of their hearts.

Spanning thirty years, from Cambridge, Massachusetts, to Venice Beach, California, and lands in between and far beyond, Gabrielle Zevin's *Tomorrow, and Tomorrow, and Tomorrow* is a dazzling and intricately imagined novel that examines the multifarious nature of identity, disability, failure, the redemptive possibilities in play, and above all, our need to connect: to be loved and to love. Yes, it is a love story, but it is not one you have read before.

"What is a game?" Marx said. "It's tomorrow, and tomorrow, and tomorrow. It's the possibility of infinite rebirth, infinite redemption. The idea that if you keep playing, you could win. No loss is permanent, because nothing is permanent, ever."

FBS TRUMPET



Read all about it.....

FBS Trumpet, the student newsletter is going from strength to strength. Two years after its inception, credit is due to the student reporters for keeping it running. Watch out for our 2nd anniversary celebrations in the new year!

The newsletter has kept the student body informed about the events in and outside school, reviewing them and providing entertaining reading.

The reporters for the newsletter are from all year groups. These young reporters have shown passion and enthusiasm for various topics and events covered in the newsletter. Although most of the reporters are part of the Able and Ambitious group, writing for the newsletter is open to all members of the student body.

The hope is that the group and the project will continue to grow and extend its influence beyond the school boundaries.

Mr Mawere, Deputy Head of English

[FBS Trumpet — Friern Barnet School \(fireflycloud.net\)](http://fireflycloud.net)

LRC



On Friday 17 October our school took part in the Poetry Together event which was hosted in the LRC after school. This was a very special event where senior citizens and students got together to share poetry over tea and cakes. This initiative was launched this year with a showcase for Her Majesty the Queen at Fielding Primary School and from that there were several different events taking place. By taking part in this event there is an opportunity to potentially get an invitation to share our poems on ITV, getting our poems published in the Poetry Together Anthology which will be held in the Royal and British library and £250 worth of books for our library.

Our school has been lucky enough to take part in this very special event and we gathered seniors from Hugh Myddelton House care home to come join us in the LRC. Our library ambassadors each took their time to read a poem we either chose or wrote then we got to present it in front of them followed by Mr Horne and Miss Admoni. Overall, it was a very magical day where we got to socialise with our amazing seniors, talk to them and find out about their very interesting lives, share poetry and stories over tea cakes and snacks.

-Lily, Year 10



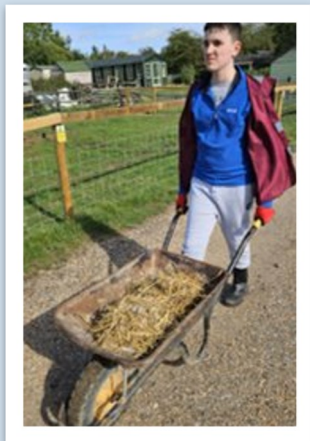
I would like to thank the library ambassadors: Lily (10F), Armita (9C), Leonardo (9C), Martin (8D), Cleo (8A), Kiara (8F), Kamelia (9C), Emily (11A), Maggie (8A), Nahayat (8F), Nirvana (9C), Chloe (9C), Arad (7E), David (7E), An Xin (7D), CJ (7E), Ken, (7E) - They all worked incredibly hard showing great enthusiasm while writing poems and preparing for the event.

Ms Paul, LRC Manager

Year 8 ARP Farm Trip

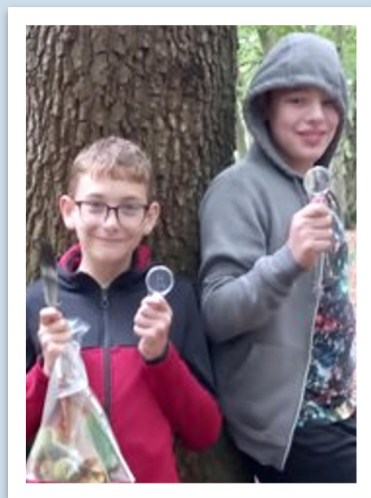
Students from year 8 ARP have been working with a range of animals—goats, geese, rabbits, ponies, ducks, chickens and alpacas.

They have also done other tasks such as apple pressing, litter picking and filling up food bags that get sold to the public to feed the animals



Year 7 ARP Woodlands Learning

Year 7 ARP students have been enjoying weekly trips to the woods. They have been doing bug hunts, games and activities outdoors.



Mathematics



Congratulations to Ocean (7F), Lena (9E) and Martin (7D) who were the top 3 students respectively at FBS in the England Rocks Timetable online competition. This was a national Timetable competition run by rockstars.com.

Resilient Schools Information

Looking after your mental health through the school holidays:

- Remember to download the [Kooth](#) app onto your phone if you need online support
- If you or someone you know is struggling, then please speak to an adult and/or book an appointment with your GP. Remember it is OK to not be OK, it is not a sign of weakness! Ask for help.
- Take a look at our school website for support with mental health and wellbeing: [Support for Mental Health and Wellbeing - Friern Barnet School](#) - (leaflet can be found in different languages)

Stay safe and know that there is lots of support available if you need it.

kooth

**Kooth is here, year round.
Even when schools are out.**

Find support for your mental wellbeing,
no matter what's on your mind.

Visit [kooth.com](https://www.kooth.com) today

BICS - Supporting Children and Young People's Wellbeing and Mental Health Service to children, young people and families in the borough.

If you are struggling with social, emotional or behavioural difficulties, contact us them for help if you live in the borough or attend a Barnet school.

Please click on the link for further information: [About BICS | Barnet Council](#)

BICS Barnet Integrated Clinical Services

Supporting children and young people's wellbeing and mental health

Could BICS help?

Visit our website for support, advice, how to refer and online resources.

www.barnet.gov.uk/bics

Top tips on how to talk to your children about their feelings

It can be so tricky to bring up difficult topics, and talking about emotions with your children can sometimes feel more than a little daunting for parents and carers. You may worry about saying the wrong thing, making your child feel uncomfortable, and even worry about making them feel worse. But the fact you want to explore emotions with your child is enough, even if sometimes it doesn't go as you planned!

Here are some handy tips on how you could begin talking to your children about their feelings.

Think about whether your child feels ready to talk

Just because you want to talk doesn't mean they feel ready to talk. Look out for the things they say, and their body, too, for indicators on whether they really want to talk about their feelings.

Ask them what they need

It can be tough to talk about how you feel, and when we want to talk about things as parents, children don't always want to or feel ready. Asking what a child needs from you can help them feel more in control, heard, and respected.

Children might also not know what they need, so suggesting a few options can be a good starting point. For example, do you need some space right now?

Think about the setting

Talking about feelings can be really sensitive, so making sure the space is private, comfortable, and feels safe for your child can be key to a positive outcome.

Choose your timing wisely

Talking about feelings, or any difficult subject, can be quite sensitive. Choosing a time when you are both calm and relaxed can be more useful than choosing a time when there are any heightened emotions already at play.

Name it

Sometimes it can be hard for children to identify their feelings. Naming what you observe can help them to do this. For example, when talking to a young child, you might say, 'You seem really angry today, I can see you are clenching your hands, and you don't have a happy face. I wonder if anything has made you angry or upset?'

Practice asking open questions (rather than closed ones)

Talking about feelings, or any difficult subject, can be quite sensitive. Choosing a time when you are both calm and relaxed can be more useful than choosing a time when there are any heightened emotions already at play.

Model it

Being more open and honest about how you yourself feel (in an age appropriate way, of course) can normalise the idea of talking about emotions. Children who see that adults also have big feelings, doubts, get scared or anxious, get frustrated with others at work, etc. might feel more comfortable opening up themselves.

Take away the intensity

It can be pretty daunting (on both sides) to sit down to talk about something as important as feelings. But decreasing some of the intensity can sometimes reduce the pressure and make things a little less stressful.

Get creative

We might feel a pressure to have all the answers and say the right things, but sometimes, we just need to think a little differently. Helping our children express their feelings through play or using art materials can be just as important and useful, especially for much younger children whose natural language is often play.

Listen carefully

This sounds pretty straightforward, but sometimes, when we care, we may jump into problem-solving mode a little too hastily. And while it might come from a really good place, it's not always helpful.

If you are struggling to talk to a child in your life about their feelings, or you want to talk to the team about anything at all, you can reach out to us by logging into [qwell.io](#)



Guidance for parents

Keeping your child safe online

Please refer to our school website where parents can access useful websites on how to keep your child safe:

[Safeguarding and E-Safety - Friern Barnet School](#) -



High Achievers Awards for Autumn 2023



Art

Aoi 7E	Karina 8D	Zara 9A	Evin 10B	Alice 11D
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Business

Zailia 10A	Alvin 11F
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Computing

Lorena 7C	Chuiab 8E	Jordy 9C
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Computer Science

Michael Owusu 10C	Farhaan 11D
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Dance

Konstantina 7A	Diya 8C	Niah 9F	Ted 10A	Jasmine 11D
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Design and Technology

Kazuki 7A	Ava 8E	Leon 9F	Myah 10F	Miral 11A
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Drama

David 7E	Ishani 8E	lois 9E	Kaylin 10B	Neve 11D
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English

Lotte 7E	Maggie 8A	Chloe 9C	Matthew 10E	Layla 11E
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Film Studies

Caiden 10B	Isla 11A
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French

Jayden 7C	Angeliki 8B	Mikaela 9B	Niket 10F	Natalie 11B
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Geography

Jessica-Jade 7C	Cleo 8A	Andrii 9F	Zana 10C	Maria 11A
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History

Sahiba 7A	Hamza 8E	Leonardo 9C	Lily 10F	Luca 11F
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Learning Support

Jaydon 7A	Sean 8E	Levi 9D	James 10F	Kara 11C
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Mathematics

An Xin 7D	Kiara 8F	Kamelia 9C	Zahir 10B	Leo 11B
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Media Studies

Mai 10A	Sarriah 11A
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High Achievers Awards for Autumn 2023



CONGRATULATIONS!



Music				
Klara 7F	Anglina 8D	Talia 9D	Ana 10C	Emily 11A
PE				
Arad 7E	Mohamed 8D	Kyra 9D	Zsofi 10A	Olivia 11F
Starla 7D	Luna 8B	Sarina 9A	Cienna 10A	Ishak 11C
Religious Studies				
Lena 7D	Ali 8A	Levente 9D	Ruby 10E	Nikodem 11F
Science				
Ben 7E	Avantika 8B	Conor 9C		
Combined Science				
			Tymofii 10A	Sonia 11C
Biology				
			Rosie 10E	Katie 11B
Chemistry				
			Hayato 10E	Kryshah 11C
Physics				
			Sumaya 10C	Hana 11B
Spanish				
Ocean 7F	Lewis 8E		Diljin 11F	Shehrezad 11F

Well done

ACE Charter Mark Status



Friern Barnet School is pleased to announce that it has achieved Bronze RACE Charter Mark Status. The RACE (Race and Conscious Equality) Charter Mark is a nationally recognised award that is given to schools that have demonstrated their commitment to improving race equality and prioritising an inclusive culture where staff, students, parents and partners of all ethnicities are equally valued.

To achieve the charter mark, Friern Barnet School completed a comprehensive package of training for governors, senior leaders and middle leaders, and submitted an evaluation detailing our work towards equality and an action plan pledging our commitment to ongoing development in this area.

Angela Idun, Director of Education at SSAT, said "I am delighted that Friern Barnet School has been awarded the bronze RACE Charter mark. Their application and action plan clearly show a positive ethos and culture which champions and strives for conscious equality and inclusivity throughout the school community."

Able and Ambitious

Able and Ambitious

On 16 November we held a celebration event to mark the achievements of Able and Ambitious (A&A) students across the school, and to launch this year's A&A events.

Last year A&A students benefited from a huge variety of extra-curricular activities. Highlights included: 12 year 10 students and 14 year 8 students completing the Brilliant Club Scholars Programme, working with PHD students to create dissertations and attending university visits at UCL and Oxford; 12 year 9 students working with STEM industry mentors to create a project as part of Industrial Cadets, including creating a 30 page report; 12 year 8 students undertaking the Young Mystery Writers project, which involved working with professional author Patrice Lawrence and attending a production of The Mousetrap in the West End. In addition to this, students from across the school participated in the UKMT Maths Challenge, attended workshops, webinars and extra-curricular clubs and took part in school visits and competitions. Thanks are owed to the staff who organised these opportunities, and particularly to Ms Bachelor and Mr White, the organisers of the Able and Ambitious programme.

This year marks our largest ever A&A cohort, with over 130 students identified by their teachers as working at above average levels or showing outstanding potential. We are already planning projects, workshops and other opportunities to help them to develop their academic understanding and love of learning.

Huge congratulations to everyone who was selected, and there will be further nominations in the Spring term. Whether you are currently in the A&A cohort or not, remember to check the A&A pages on Firefly regularly for details of projects and extra-curricular activities you can participate in!

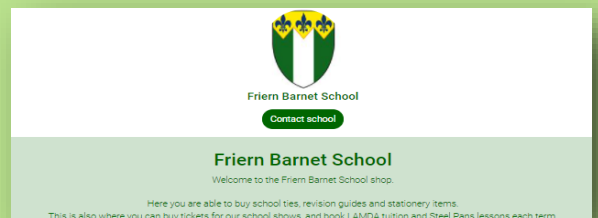
Ms Newey, Assistant Head Teacher

Useful information

School Shop

Parents/carers can buy revision guides, stationery items, tickets for school shows and school ties on our School Shop. Please click on the link for further information:

[School Shop](#)



Firefly

We use the Firefly Parent Portal to inform parents /carers about their child's learning, progress and achievements. We expect all our parents to activate an account so that they can access a range of information which will keep them updated on essential matters about school.

Firefly allows Parents to:

- View your child's timetable including their current and next lessons
- View your child's home learning
- View your child's electronic school report
- Keep your personal contact details up to date



Please click on the link for further information on how to activate your Firefly account:

<https://www.friern.barnet.sch.uk/parents-and-students/firefly-parent-portal/>

Canteen

The canteen is open at the following times:

Breakfast: 8.15am – 8.40am

Break: 11.00am – 11.20am

Lunch: Key Stage 3: 12.20pm - 12.55pm and Key Stage 4: 1.20pm - 1.55pm

Topping up lunch accounts - school dinner money needs to be added via ParentPay before 10.00am to allow students to be able to buy lunch on the same day. We recommend topping up over the weekend as ParentPay can be busy on Monday mornings sometimes causing delays with payments. You can also set up a free email alert: Click on the link for further information (follow instructions for free email alerts as text message alerts are charged) : <https://parent-support.parentpaygroup.com/hc/en-gb/articles/4410756555025-How-to-set-alerts#how-to-set-alerts-0-0>

Just a reminder, when making payments can we ask you not to use the 'One click payment' method as this can take up to 7 days to clear which then delays money going onto your child's lunch account. The best way is to add money to the basket and check out using 'Other Payment Methods'. Click on the link below for further information: <https://parent-support.parentpaygroup.com/hc/en-gb/articles/4410737893649-How-to-pay-with-credit-or-debit-card>

Daily spend limit— there is a default daily spend limit of £3.50 and no food costing above that limit can be bought. This limit can only be changed by emailing school@friern.barnet.sch.uk

Students on Free School Meals can spend up to £2.55 a day. Parents/Carers are welcome to top up their lunch accounts.

Help - if your child needs help with their pin code, thumb print or they have been told they do not have sufficient funds on their account, please remind them to come to the main office so we can help them as we do not want anyone to go hungry.

News and events



Fun with friends...

Christmas lunch on 15 December

Trips

Year 7 team building trip to Ally Pally on 6 October. A wonderful time was had by all!



In PE we have run two trips to see the London Lions basketball team, one was a league match against Cheshire Phoenix, the other was a Euro League Game against Paris which went to double overtime!



Trip to the Tottenham Stadium to watch the Tottenham vs Arsenal ladies on 16 December.





Year 10 media trip to an advertising agency

In November, 20 GCSE Media Studies students visited The Beyond Collective in London, to learn about careers in advertising. The students were shown the different roles and responsibilities available in the world of advertising and saw examples of campaigns and trailers created by the Beyond Collective. After a lunch of pizza, the group worked on their own promotional campaigns for a new porridge pot. They fed back to the advertising executives, who were really impressed with their creativity, imagination and professionalism. Well done GCSE Media!



Residential trip to France

On 9 October, 42 students and 4 staff went to Les Chambres (Normandy) in the North-West of France.

Students visited Mont Saint Michel and the D-Day landing beaches as well as visiting St Malo. They had the opportunity to take part in a wide range of activities such as archery, wall climbing, canoeing (in the Château's lake), bread making, photography, fencing and aero-ball.

One of the best ways to learn a language and understand a different culture is to spend some time in another country. Students spoke French throughout the trip and were surprised with how much they knew and learnt, which has given them the confidence they need to speak French.

GCSE drama trip

On 23 November, our Year 11 GCSE Drama students went to the Noel Coward Theatre on Shaftesbury Avenue to watch the play 'The Ocean at the end of the Lane'. Based on Neil Gaiman's short 2013 novel, this National Theatre production is critically acclaimed and was a superb visual treat for our students. As part of the course, students must analyse and evaluate a live theatrical performance, and this did not disappoint. The atmospheric lighting and set design were superb in supporting the eerie and fantasy production style, matched with some amazing puppetry that brought nightmarish fantasy world where the audience struggled to distinguish between illusion and reality. The students were captivated throughout and were a pleasure to spend an afternoon in the theatre with!

Student review: Tina "It was amazing, not what I expected. I loved it!"

Mr Merry, Head of Drama

Well Done



Pizza party

A number of year 7 students received no late points or behaviour points. This is not easy to achieve. As a reward, these students were given a pizza party at the beginning of Autumn 2. A huge congratulations to each and every one of them. I am proud of you.

Ms George, Head of Year 7

Jack Petchey Speak Out Challenge Workshop

We had two Jack Petchey Speak Out Challenge workshops on 14 and 16 November. From these workshops three finalists were selected to deliver a speech on a topic of their choice to their peers in a Year 10 assembly. As you can imagine, students were very nervous about performing to the whole of their year group but they did a formidable job. Therefore, congratulations to Ted, Aaliyah, Ashton, Darshan, Niket and James for speaking eloquently about topics that they were passionate about. Ms Mullen, Ms Poynting, Ms Admoni and Krysiah (Last year's winner who finished second in the Barnet Finals) were the judges and had the difficult decision to pick the top performances. Congratulations to Aaliyah and Niket who won and will represent Friern Barnet School in the Barnet Finals which is going to be held here on the 16 January 2024.

Ms Thomas, Assistant Head Teacher and Head of Year 10

Extra Curricular clubs

Our extracurricular timetable can be found on our website:

<https://www.friern.barnet.sch.uk/parents-and-students/extra-curricular-clubs/>



Year 9 football team

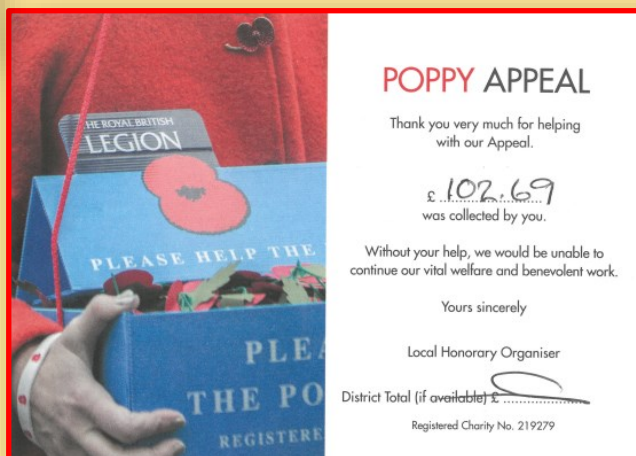
A big thank you from Friern Barnet School



Thank you for all your donations for the Muswell Hill Foodbank.
All the items were handed to the Muswell Will Foodbank on Monday
18 December— [Muswell Hill Foodbank - The Trussell Trust](#)



Thank you for supporting the Poppy Appeal this year.
We raised £102.69 from selling poppies and poppy related items.



We would like to say thank you to Minka from Floralika florists for the beautiful flowers she provides to FBS throughout the year.



News and events continued

Amazing opportunities during the Christmas break:

BACE Holiday and information

Please click on the link below for information on free BACE activities.

[BACE - Winter Holiday information - Friern Barnet School -](#)

There is information for parents/carers relating to Wellbeing, Welfare and Support plus some tasty recipes and much more.....

FREE!

Winter 2023/2024 Barnet Active Creative Engaging holidays

BACE HOLIDAYS

Healthy Eating
FREE recipes and top tips
Diary of Events

Fun Days
Inflatables, BMX, Multi-sports

Family Swimming Sessions

You Said, We Did

Volunteering
Could you be a Holiday Activity Volunteer?

FREE activities and ideas for ages 4-16

barnetyouth.co.uk/BACEHolidays 27 - 29 December 2023 and 2 - 5 January 2024

Caring for people, our places and the planet

FREE!

AGES 4-16

WINTER FAMILY FUN DAYS

- MULTISPORTS
- BMX BIKING SESSIONS
- INFLATABLE FUN
- NERF GUN & ARCHERY ACTIVITIES
- MOVIES SCREENS

BOOK YOUR CHOSEN ACTIVITY TODAY

Locations

- ✓ Hendon Leisure Centre, NW2 1XQ
- ✓ East Barnet School, EN4 8PU
- ✓ Finchley Youth Centre, N2 9ED
- ✓ St James School, NW9 5PE

REGISTER NOW: BARNETYOUTH.CO.UK

www.barnet.gov.uk

AGES 4-16

WINTER BIG TOP TENT EVENTS

Victoria Park, Finchley
02 & 03 January 2024

BOOK YOUR CHOSEN SHOW / ACTIVITY TODAY

4-11 years:

- Princess Park Trail, Sing-along & Meet & Greet
- Science Show and Workshop
- Tales Trip to the Circus Show (Chickenshed)

7-16 years:

- Magic Show and Workshop
- Muay Thai Boxing Sessions
- Circus Skills Sessions

REGISTER NOW: BARNETYOUTH.CO.UK

Caring for people, our places and the planet.

www.barnet.gov.uk

Holiday Clubs

GIRLS RUGBY

NO EXPERIENCE NECESSARY!

U12 / U14 / U16 TEAMS (10-16 YEARS)

WE INVITE ALL TO OUR FULLY INCLUSIVE & WELCOMING PROGRAMME

Highlands School, Enfield N21 1QQ

pivotalnetball.com

07392 018 982

Netball Coaching for all Ages and Abilities

Spring Reception to Year 10	10am-2pm
£26 Early Bird* or £30 per day	(When you book at least 4 weeks in advance)
Time	Wed Thu Fri
2 Apr	3 Apr 9 Apr 10 Apr

Spring 9-9:55am: Reception to Year 6	10-10:55am: Year 7 to 10
£8 Early Bird* or £10 per class	(When you book at least 48 hrs in advance)
Time	Jan Feb Mar
13 Jan	20 Jan 27 Jan 3 Feb 9 Feb 16 Feb 23 Feb

BOOK A FREE TRIAL

PIVOTAL NETBALL ACADEMY

Wuma Sports WINTER BASKETBALL CAMP

IN CONJUNCTION WITH BACE HOLIDAYS

SARACENS HIGH SCHOOL, CORNER MEAD, LONDON, NW9 4AS

AGES: 7-16

TUESDAY 2ND JANUARY - FRIDAY 5TH JANUARY

WEEK CAMP FEE: £55
DAILY CAMP FEE: £20

10.30AM - 3PM (EARLY/LATE PICK-UP OPTIONS AVAILABLE)

REGISTER AT: WWW.WUMASPORTS.CO.UK/HOLIDAY_CAMP

NON STOP Action! NEW YEAR CAMP 2024

FOR 5-12 YEAR OLDS

PRICES START FROM £99 FOR A WEEK BOOKING

TUESDAY 2ND JANUARY - FRIDAY 5TH JANUARY

WWW.NONSTOPACTION.CO.UK

JOIN THE Super 1s

All disabilities welcome
Ages 12-23

CHALLENGE YOURSELF
BE MORE ACTIVE
IMPROVE YOUR SKILLS
MAKE NEW FRIENDS

Free inclusive cricket sessions!

WHEN: Fridays 4pm - 5.30pm

WHERE: Hendon Leisure Centre, Chiswick Ave, Hendon HA3 5BD

CONTACT: Stefan McKenzie 07958 608253 info@lordstaverns.co.uk

www.lordstaverns.org/super1s

Perfect Timing Academy

USE CODE PTA SCHOOLS FOR 10% DISCOUNT

ONE TO ONE CRICKET COACHING FOR SCHOOLS

We offer a variety of programs to suit your needs for all ages from beginner to advanced levels.

- ✓ Technical coaching: Improve your batting, bowling, wicket keeping and fielding skills.
- ✓ Fitness coaching: Advance your strength, power, and endurance.
- ✓ Game awareness coaching: We will help you to develop your decision-making skills and tactical awareness.

- England Cricket Board Accredited Coaches
- Brand New State of the Art facility located in the Borough of Barnet
- Grass like Artificial Surface for real pitch feel
- Newly released 'Bola' Bowling Machines for all ages
- Video Analysis and playback

For more info or to book now visit us at: <https://www.perfecttimingacademy.co.uk>
tel: 0203 044 380 email: info@perfecttimingacademy.co.uk

TALENT CAMP

LED BY SOUTHGATE COACHING TEAM AND SOUTHGATE 1ST TEAM PLAYERS

SOUTHGATE HOCKEY CAMPS

£50 FOR FULL DAY | £5 SIBLING DISCOUNT
OPEN TO MEMBERS & NON-MEMBERS

04 JANUARY 2024

OPEN TO PLAYERS OF ALL ABILITIES
6YRS - 16YRS | 10AM-4PM

Holiday Clubs

Girls Basketball Tournament (U14s & U16s)

Well done to Ashmole Academy, The Compton and The Totteridge Academy who competed in the U14s Girls Basketball Tournament hosted at Ashmole Academy on 20th November. There was some excellent basketball being played and all teams showed great determination. Congratulations to our winners TTA who will represent Barnet at the London Youth Games.

A week later, on 6th December, Hendon School, St Andrew the Apostle, The Totteridge Academy and Wren Academy competed in the U16s Girls Basketball Tournament. Games were played in fantastic spirit and the teams created a great atmosphere throughout the evening. The tournament winners were TTA again, who will represent Barnet at the London Youth Games.

Secondary Cross Country Championships

This year's Cross Country Championships took place in cold, wet and muddy conditions at Copthall Playing Fields. Athletes navigated the challenging conditions to complete the course. A huge well done to everyone who took part. Congratulations to the athletes who have been selected to represent Barnet at the Middlesex Cross Country Championships in the New Year.

New Girls Football Sessions taking place in Barnet

In partnership with Barnet Council and Middlesex FA, local football clubs across Barnet are delivering new football sessions for girls. Please find below further information of sessions taking place.

Club Name	Venue	Sessions	Club Contact	Club Email	Club Contact Number
Barnet Nightingales	Barnet Powerleague, No 5T	Club Training sessions, 6-16-year-olds	Dominic Carini	dominic@barnetnightingales.co.uk	07905 08683
Belsize Park	Hamstead Hoath Extension, NW11 7HL	Weetabix Wildcats, 5-8-year-olds	Ioannis Mavroudis	ioannis@weetabix.co.uk	07834 84266
Eagles United	Burnt Oak Leisure Centre, HA8 0NP	Weetabix Wildcats, 5-8-year-olds Squad Girls, 12-14-year-olds	Petrit Kraonip	petrit.kraonip@eagles.co.uk	07713 842399
East Finchley Girls	Christ's College Finchley, No 0SE	Weetabix Wildcats, 5-8-year-olds	Jess Marks	Eastfinchleygirlsfootball@gmail.com	07899 98494

Weetabix Wildcats and Squad Girls sessions are a non-competitive environment, with sessions aimed at making friends, having fun and playing football.

Further information on the above programmes can be found via the links below -

<https://www.EnglandFootball.com/play/youth-football/weetabix-wildcats>

<https://www.EnglandFootball.com/play/youth-football/Squad-Girls-Football>

All clubs have FA Qualified and DBS checked coaches who have taken additional FA training to deliver these football programmes.

We recommend parents to contact clubs directly to find out further information on sessions days and times.

The above sessions are part of a wider World Cup Legacy project that Middlesex FA are delivering to get more girls playing football.

JOIN US AT SOUTHGATE HOCKEY CLUB

HOCKEY TOTS
Fun and interactive outdoor sessions for children 3-8 years old. Introducing them to hockey and team sports.
Every Sunday at 10am
@southgatehockeyclub

JUNIOR HOCKEY
Training, matches and tour opportunities for all age groups and all levels from U14s to U18's with our coaching team.
Every Sunday from 10am every Thursday from 4pm.
@southgatehockeyclub

BACK TO HOCKEY
For anyone wanting to try out hockey as a first timer or return after time out from the sport.
Every Saturday at 10am.
@southgatehockeyclub

JOIN US AT SOUTHGATE HOCKEY CLUB

SUMMER LEAGUE
Here's our Women's social but competitive league available, all abilities welcome!
Week night evenings over the Summer.
@southgatehockeyclub

MEN'S LEAGUE
We have 10 men's teams with our first 11 in the Premier Division, our 1st 2 - 1st 10 in London League and a playing reserve's section with CDB's and DAD's.
Season runs Sept-Apr.
@southgatehockeyclub

WOMEN'S LEAGUE
We have 5 Women's teams with our first 11 in Division South and our 1st 2 - 1st 10 in London League. We have a playing reserve's team from Sep.
Season runs Sept-Apr.
@southgatehockeyclub

BETTER SEND Swimming Lessons

New Barnet Leisure Centre now hosts SEND swimming lessons in the learner pool (Depth: 0.9m), a parent/guardian will need to be in the water with the child/young person that they are looking after. Suitable for children/young people aged 4-16, for more info click [HERE](#).

Barnet Copthall Leisure Centre is offering a 50% off initial costs on swim school bookings using the code HSS50 (valid until 31/12/2023), click [HERE](#) for more information or to book.

Apprenticeship Opportunities for your Students & Staff

Please see a range of educational and sporting apprenticeship opportunities for your students and staff [HERE](#). Please pass onto any students and staff who would be suitable. For more information please contact Vanessa (vpender@eastbarnetschool.com)



Contact the team for more support

Jo Eames - Strategic Manager & Central lead - jeames@pss.school.org.uk
 Jason Vassiliades - SGO (Central) - j.vassiliades@pss.school.org.uk
 Vanessa Pender - SGO (East) - vpender@eastbarnetschool.com
 Caroline Connell - SGO (West) - cconnell@pss.barnet.sch.uk
 Mark Betts - SGO (South) - mbe@whitefield.barnet.sch.uk

LinkedIn: www.linkedin.com/in/BarnetSport
 Website: www.barnetpartnershipforschoolsport.co.uk
 Twitter: <https://twitter.com/BarnetSport>
 Instagram: @barnetsport

Reminders and notices

To purchase a locker for the rest of the school year, please click the link: www.locker.rentals

THE UK'S NO.1 SCHOOL LOCKER.

Secure

LOCKER.RENTALS



2 SIMPLE WAYS TO RENT YOUR LOCKER.

1



Visit www.locker.rentals

2



Scan this QR Code

Once on the web app do the following:

- Enter your **LOCATION**
- Choose your **PREFERRED LOCKER AREA** from the drop down menu (if available)
- Click on **CHECK AVAILABILITY**
- Where prompted enter your details and read and agree to the terms and conditions
- Click on **RENT LOCKER** and follow the instructions for entering your payment details
- You will then be emailed a locker code and the number of your locker compartment.

How to Access your Locker:

- Go to the locker number detailed on your confirmation email
- Enter the **4 digit code** detailed on your confirmation email and open the lock
- Should you forget your code it can be reset by visiting www.locker.rentals and clicking on the re-issue my locker code link.

Reminders and notices continued

Dates to Remember

20 December	Last day of the Autumn Term
8 January	Staff Development Day
	SEND Outcome Review Day
9 January	First day of Spring Term
17 January	Year 11 Parents' Evening
7 February	Year 10 Parents' Evening
12 - 16 February	Half term holiday
13 March	Year 8 Parents' Evening
25 March	HPV vaccinations for years 8 and 9
28 March	Last day of Spring Term

Please click on the link for term dates: [link](#)

For a more comprehensive list of dates, please visit the school website: www.friern.barnet.sch.uk

From Student Services

Absence

Please report your child's absence each day by 8.45am, clearly stating their name, form class and reason for absence. You can either call 020 8368 2777 and press Option 1 'To report your child absent' or email: attendance@friern.barnet.sch.uk

For medical or other appointments during the school day, notification is required **in advance**. Routine appointments/check-ups should be made out of school hours wherever possible.

Non-medical absences

Permission for all non-medical absences must be authorised by Ms Thomas, Assistant Head Teacher and Head of Year 10. Please fill in a leave of absence form and email it, in advance, to school@friern.barnet.sch.uk

[Attendance - Friern Barnet School -](#)

Hemington Avenue

Reminder if you are dropping off or collecting your child by car please use the back entrance on Crescent Road. Only use Hemington Avenue if you are on foot.

Mobile Phones

A reminder that students are not allowed to use their mobile phones whilst at school. Thank you for your support with this clear school rule.

Contact Details

Please let us know by emailing school@friern.barnet.sch.uk if you have changed any contact details or moved house as soon as possible.

ParentPay contact details

If your mobile number or email address has changed, please update your details on ParentPay so you do not miss out on any important information.

Follow FBS on Twitter and Instagram



Wishing you a restful break.

Merry Christmas and Happy New Year.

