## Bienvenue au Château de la Baudonnière



https://www.youtube.com/watch?v=P4Q5uqAl72Q

## Welcome to the Château!

Everything at the Château will be conducted in French, from the activities to mealtimes, and there's always an emphasis on trying your best and having fun!

With so many fantastic facilities on site, you'll enjoy a jam-packed programme of language-based physical activities





#### WHO ARE WE??

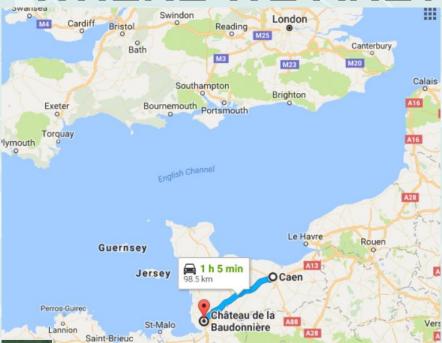


The Château de la Baudonnière was founded in 1991 and is situated in the region of La Manche in Normandy.

The essence of the Château is about French language immersion. Everything at the Château involves using practical spoken French and the children are encouraged to speak French to get what they want.

From breakfast all the way to evening activities, the students are immersed in a friendly French environment thanks to the language itself, the food, the staff, the local culture and the general atmosphere of Normandie!

#### WHERE WE ARE?



The Château is situated in Normandy just at the base of the Cherbourg Peninsula, about 6 kms north of the Cathedral city of Avranches. It is in a small countryside village called "Les Chambres" which is near "La Haye-Pesnel".

Most groups come via Brittany Ferries Portsmouth to Cherbourg or Caen routes (we are only 90 minutes from these ports).

#### **HEALTH & SAFETY SECURITY**

It's hard to cover all the points of health & safety at the Château in 5 minutes. That's why we have a dedicated section on our website, covering risk assessments and more. Please visit

www.the-chateau.com/safety

All our staff are carefully trained in ALL our activities and only allowed to run their own sessions once they have completed their full training.

Upon arrival, the staff run a tour of the property in order to inform students of the boundaries and rules at the Château and finish with a full fire drill.



#### THE ACCOMMODATION





Specifically designed for school groups, all the accommodation blocks consist of bunk-bedded rooms with a teacher's room close-by for supervision. Each school has their own block, with boys and girls on separate floors when possible. All blocks have either en-suite rooms or communal bathrooms.



#### THE FOOD

The food at the Château is a full part of the French experience thanks to our great kitchen team.

With years of experience, they have developed a menu which, as well as being adapted to children's tastes, is also a real French culinary discovery. Meals are presented in French, so the students never miss a chance to learn new words.

We also cater for a wide variety of special diets (vegetarian, no nuts..)

	Menu Semaine 1			
	Déjeuner	Dîner		
Lundi	POTAGE STEACK HACHEE HARICOTS VERT/ SEMOULE SALADE FROMAGE FRUITS	CONCOMBRE/TOMATES AIGUILETTE DE POULET A LA CREME FRITES SALADE VERTE ECLAIR AU CHOCOLAT		
Mardi	SALADE PIEMONTAISE FILET DE COLIN COURGETTES GRATINEES RIZ NATURE SALADE FROMAGE FRUITS	ŒUF DUR THON MAYONNAISE CERVELAS OBERNOIS PUREE SALADE ENTREMET LANGUES DE CHAT		
<b>n</b> ercredi	CAROTTES RAPEES HACHIS PARMENTIER SALADE VERTE FROMAGE FRUITS	POTAGE BOULETTE DE BŒUF CATALANE PENNE RIGATE SALADE VERTE BEIGNET		
Jeudi	BETTERAVE CIBOULETTE ROTI DE DINDE AUX PRUNEAUX RIZ PILAF SALADE FROMAGE FRUITS	MINI CREPE FROMAGE ROTI PORC A LA NORMANDE POMMES DE TERRES SAUTEES SALADE VERTE TARTE AUX POMMES		
 Vendredi	VELOUTE DE CHAMPIGNONS LASAGNE SALADE FROMAGE FRUITS	MACEDOINE MAYONNAISE ESCALOPE VIENNOISE SAUCE BARBECUE JARDINIERE DE LEGUMES SALADE FLAN PARISIEN		
Sanedi	MOUSSE DE FOIE POULET FRITES SALADE FROMAGE FRUITS	TOMATE ECHALOTTE BOURGUIGNON POMMES BOULANGERES SALADE VERTE CREME DESSERT BISCUIT		
Dinanche	SALADE DE BLE ARLEQUIN COTE DE PORC AU MIEL POELE LEGUMES SALADE FROMAGE FRUITS	POTAGE FILET DE POISSON CREME DE CURRY TORTIS SALADE VERTE RIZ AU LAIT		

#### THE STAFF... and more











The Château prides itself on its great atmosphere, which is all thanks to our fantastic staff. Between our bubbly animateurs, our helpful management team and our professional and kind kitchen team, your group will feel straight at home!

Thanks to our farmers, you will also learn the secrets of cider-making, or visit our animal farm where you will help the team with general little jobs.

#### THE WORKBOOK





The workbook is the ultimate student's companion throughout their stay. It is used at the beginning of each activity in order to introduce key language that the students will keep practising throughout the session.

Filled with games, quizzes and crosswords, it makes French easy and fun to learn. Thanks to the diary section, the students can also develop their writing skills and confidence.

## Day 1- Travel

- Leaving at 4.00 am- back gate- Crescent rd/ Glenthorne
- Packed lunch and snacks to be brought
   + water
- Small blanket
- Games or reading books
- Travel sickness pills

09/10/23	Mon	04:15	School	Shuttle Coach	Pegasus UK Shuttles	06:45	Portsmouth
09/10/23	Mon Confir	08:15 med	Portsmouth	Ferry (Foot)	Brittany Ferries	15:00	Caen
09/10/23	Mon	15:00	Caen	Shuttle Coach	Chateau de la Baudonniere	18:00	The Chateau

## Day 1

- Arrival in Caen
- Passport checks
- Visit of William the Conqueror's tomb
- Arrival at the Chateau
- Dinner
- Health and Safety + tour

#### Day 2-Villedieu and the French Market





More than a spot of shopping, the pupils have to take part in a questionnaire whilst discovering the lovely colours, smells and tastes of the quintessential French market.

The pupils will see all kinds of stalls, including fruits and vegetables of the season, fresh fish and sea food, and French livestock such as chickens and rabbits.

#### Day 2: Le Mont St Michel



Probably the most impressive sight in Normandy, the Mont St Michel is a feat of medieval architecture. The village consists of a blend of cobbled lanes, medieval houses, shops and cafés where the students can practise their skills and buy souvenirs.

It is also possible to approach the Mont by crossing on the tidal causeway with one of our expert French native guides

## Day 2- crêperie



## Day 3 and 4

On-site activities:

Canoeing
Assault course
Archery and aero ball
Fencing

## Canoeing



Canoeing is held on our small lake at the Château. Simple instructions are done in French and the students will master various skills in a very safe and fun environment.

Students should be confident in water, but do not need to be excellent swimmers.

## Fencing



'L'Escrime' takes place at the Château both indoors and outdoors and is an excellent opportunity for students of all ages to learn French in a safe and fun environment. After learning about the safety and the equipment, the students get to practise new phrases in French whilst learning the art of Fencing - a fast and exciting sport!

### Archery



Archery is conducted on the Château's own archery range, where the students get a chance to be Robin Hood.

After the obligatory safety talk and explanation of the equipment, the students shoot the arrows onto targets, an excellent opportunity to practise French numbers (scores) and directions.

#### Aeroball



This trampoline-basketball-volleyball game is suitable for all ages and is played in two 2-man teams.

Simple instructions are given in French and the students will have the chance to learn/practice the vocabulary for the body parts. It's also a great opportunity to practice the numbers (scoring and counting down the end of the match).

#### Assault course



Pack a set of old throwaway clothes for this one as this is the wettest and muddiest activity of all!!

Each pupil repeats each statement/action before being allowed to tackle each obstacle, making it ideal for practising popular verbs and the use of prepositions. The group enjoys finishing off the session with a run against the clock, whilst hearing and speaking French at all times.

#### **EVENING ENTERTAINMENT**





This is the perfect opportunity for the pupils to let their hair down, but the animateurs still run each event with French in mind.

Evening entertainment includes French Night (French quiz, fancy dress and snail tasting!), film night, initiative exercises, it's a knockout, treasure hunt, campfire...

## Day 5

- Leaving the Chateau
- Arromanches- 360 WWII cinema
- Supermarket- if enough time
- Lunch on the way
- Ferry- dinner included
- Arrival at school- late evening (around midnight)

13/10/23	Fri	09:00	The Chateau	Shuttle Coach	Chateau de la Baudonniere	08:30	Caen
13/10/23	Fri Confi		Caen DIN2 x 40 SDINE2:	Ferry (Foot) x 4	Brittany Ferries	21:15	Portsmouth
13/10/23	Fri	21:15	Portsmouth	Shuttle Coach	Pegasus UK Shuttles	23:45	School



#### Documents to cheks

- Passport collection
- Dietary and medical information
- Rooming

#### Bed time.....



10:15 bed time (hand in all the phones and tablets) 10.30 pm lights out

## Phones and roaming

- Fees apply
- Limited internet wi-fi in the chateau- poor connection
- Messages on the school website to let you know when we arrive

## Pocket money

- Euros- to be changed at the post office in advance
- recommended £20 (market/ Mt St Michel and ferry)

## Expectations

- Respect and good manners
- School trip = rules set by teachers and the school

## What to bring? 1

- Valid passport (and visa if required)
- •GHIC Card
- •Reusable water bottle
- Spending money
- •Small rucksack for day trips
- Pencil case and pencils
- Workbook
- •Games and books for the journey
- Small towel
- Large towel
- Personal toiletries
- Personal medication
- Travel sickness tablets etc
- Plastic bags for laundry
- •Washbag: soap, shampoo, flannel, toothpaste, tooth brush, comb etc
- Waterproof jacket or cagoule
- Waterproof trousers if possible

- •2 tracksuit bottoms
- •2 sweatshirt/jumpers
- •3 T-shirts
- •2 shirts
- •2 pairs of jeans/trousers
- •2 pairs of shorts (summer)
- Gloves and scarf (winter)
- Underwear & socks
- Swimwear
- Pyjamas
- •Old clothes for wet and muddy activities
- •Old trainers for wet and muddy activities
- Indoor shoes or slippers
- •Trainers or shoes- recommended 1 old for water sports
- Wellington boots/walking boots
- Adaptor for phones
- •Snack and food for the trip going to France.

We do not take responsibility for any valuable items lost/ damaged during the trip.

## What to bring? 2

- Ensure nails are cut short
- Bring elastic band for long hair

Archery	Long sleeve top
Assault Course	<ul> <li>Swimwear</li> <li>Old trainers (or wellies)</li> <li>Old long sleeve top &amp; old trousers (No leggings)</li> <li>Large towel</li> </ul>
Canoeing / Raft Building	<ul><li>Swimwear</li><li>Old trainers (No wellies)</li><li>Large towel</li></ul>
Fencing	Sports trousers (No jeans or leggings)     Closed sports footwear

# Phone number to use for emergency only

 Dear parents. We will keep you posted on our Instagram page:

FBS Official (@friernbarnetschool) • Instagram photos and videos

 If you <u>urgently</u> need to contact us, here is the number you can reach us on: 07933709040